

Diets & Life

FOOD EXPLORERS CLUB

HUNTING FOR A SUBSTANTIAL AND PRODUCTIVE ACTIVITY FOR YOUR CHILD TO DO AFTER SCHOOL?

Cooking classes has never been more enjoyable, informative and nutritious! Our after-school Culinary Nutrition class will provide a perfect blend of nutrition education and the life skill of cooking.

Ms. Purvi Shah, the instructor, is an experienced Registered Dietitian Nutritionist believes in the power of cooking to teach the importance that food and nutrition play in raising healthy and happy children.

In our Food Explorers class, kids will be exploring new seasonal foods, cooking up new healthy kids approved global recipes, learning necessary culinary skills and most importantly continue having more fun.



FOOD EXPLORERS CLUB- FALL 2018

Grade: 2nd - 6th

Class Schedule : Monday 3:15m-4:30pm

Number of Week- 13

Dates- 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/26, 12/3, 12/10

Fees- \$455 includes everything to create amazing dishes

Hurry Up! We have only a few spots available.

Registration: Register online at www.milpitaschristian.org

Pick up Instructions

As per Milpitas Christian School policy if the child is not picked up from the class within 15 minutes of dismissal they will be checked into MCS Extended Care.